

Sr. No.	Name of Author	Title of Article	Type of Author	Name of journal	Vol. No.	Issue No.	Year of Publication
1	DR. Amol Ramesh Velhal	A Literature Review On Suryanamaskar (Sun Salutation)	First	Int. J. of Ayurvedic Pharma Chem	5	1	2015
2	DR. Amol Ramesh Velhal	Effect Of Flower Of Agasti (Sesbania Grandiflora) On Naktandhata (Night Blindness): A Case Report	First	UJPBS	3	2	2015
3	DR. Amol Ramesh Velhal	Role Of Swasthavritta In Preventing Life Style Disorders W.S.R. To Sthaulya (Obesity)	First	UJAHM	3	2	2015
4	DR. Amol Ramesh Velhal	Efficacy Of Jeevantyadi Ghruta On MDR Tuberculosis: A Case Report	First	Universal Journal of Pharmacy	4	2	2015
5	DR. Amol Ramesh Velhal	Effect Of Shavasana On Psoriasis: A Literature Review	First	UJAHM	3	2	2015
6	DR. Amol Ramesh Velhal	An Ayurvedic Approach In The Management Of Tarunya Pitika W.S.R. To Acne Vulgaris: A Case Study	First	Int J of Ayu Pharma Research	3	4	2015
7	DR. Amol Ramesh Velhal	The Therapeutic And Toxicological Effect Of Gunja (Abrus Precatorius Linn.)	First	Int J of Applied Ayurved Research	2	2	2015
8	DR. Amol Ramesh Velhal	Ayurveda: The sound of healing for lifestyle disorders	First	Int J of Applied Ayurved Research	3	5	2017
9	DR. Amol Ramesh Velhal	Effect of soya bean (glycine max) on menopausal symptoms: A case report	First	Unique J of Ayu and Herbal Medicine	6	2	2018
10	DR. Amol Ramesh Velhal	Effect Of Short-Term Yoga Uttanapadasana In Low Back Pain	First	Contemporary Research in India	1	1	2018
11	DR. Amol Ramesh Velhal	How to Formulate a Research Question?	First	Inte J of Science and Research	8	6	2019
12	DR. Amol Ramesh Velhal	Menopause: Ayurvedic Perspective	First	Int J Ayu Pharm Chem	11	2	2019
13	DR. Amol Ramesh Velhal	Nutritive Benefits of Soybean (Glycine max)	First	The Indian J of Nutrition and Dietetics	58	4	2021
14	DR. Amol Ramesh Velhal	Efficacy of Soybean in Menopausal Syndrome (Literature Review)	First	Indian Journal of Gynecology	2	1	2021
15	DR. Amol Ramesh Velhal	A critical review on incompatible food mentioned in Ayurveda	First	Int J of Food and Nutritional Sciences	11	6	2022
16	DR. Amol Ramesh Velhal	Crop management and therapeutic efficacy of soybean (Glycine max) on health	First	J of Food, Agriculture & Environment	20	4	2022
17	DR. Amol Ramesh Velhal	A lit rev on effects and uses of aromatic compounds in soybean	First	JETIR	9	1	2022